

IMG • PO Box 246 • 31111 SR 706 E • Ashford, WA 98304 • phone: (360)569-2609 • fax: (866)279-7455

IMG Custom Dhaulagiri BC & Hidden Valley Trek, Nepal - Sample Itin:

Day	Date (Plug in your dates)	Dhaulagiri Base Camp and Hidden Valley Itinerary
1		Arrive Kathmandu, transfer to hotel
2		Free day
3		Fly to Pokhara, overnight hotel
4		Drive to Darbang (1,180m) and trek Dharapani (1,470m)
5		Trek to Muri (1,850m)
6		Trek to Boghara (2,080m)
7		Trek to Dobang (2,500m)
8		Trek to Italian Base Camp (3,660m)
9		Rest and acclimatisation day
10		Trek to Glacier Camp (4,200m)
11		Rest and acclimatization day at Glacier Camp
12		Trek to Dhaulagiri Base Camp (4,700m)
13		Day at Dhaulagiri Base Camp
14		Trek via French Col (5,360m) to Hidden Valley (5,050m)
15		Exploration Day
16		Climb Dhampus Peak
17		Cross Dhampus Pass to Yak Karka
18		Descend to Marpha
19		Fly to Kathmandu



Dhaulagiri 1 from below French Pass (Eric Simonson)



Annapurna 1 from the summit of Dhampus Peak (Eric Simonson)

—Gary G.

[&]quot;I want to let you know that I am grateful that I got my money's worth. I worked so hard to be able to afford the trip, and it was worth every cent... Thank you for everything."